



This information is brought to you by
Safe Kids Grand Forks & our partners at
ND Vision Zero.



Back-to-School Safety

Pedestrian Safety

- ⇒ Cross street only at corners and crosswalks. Never walk out into the street between two parked cars.
- ⇒ Look left, right and left again. Make sure traffic is at a complete stop before you cross the street.
- ⇒ WALK don't run in the crosswalk.
- ⇒ Stay off phones or other devices when walking. Heads up, phones down!
- ⇒ Be bright, be seen! Wear bright colors when walking at dawn or dusk.

Wheeled Sports Safety

- ⇒ **Always** wear a helmet when riding bikes, skateboards, scooters or rollerblades.
- ⇒ Walk your bike on school property and when crossing the street.
- ⇒ Use proper hand signals when turning or stopping.
- ⇒ Don't be a distracted rider. Keep phones in your backpack.
- ⇒ Ride on sidewalks whenever possible. If riding on the street, you must ride in the same direction as traffic.

Motor Vehicle Safety

- ⇒ Children under 8 are required by law to be in a car or booster seat unless over the height of 4'9".
- ⇒ Children under the age of 12 should ride in the rear vehicle seat so they are not in front of an active airbag. Airbags can kill or injure children when they are deployed.
- ⇒ Always exit the car on the grass or curb side, do not get out into oncoming traffic.
- ⇒ If you drop your young child off on the opposite side of the street from the school, you **MUST** have them cross at a marked crosswalk.

School Bus Safety

- ⇒ When waiting for the school bus wait on the sidewalk, not the curb.
- ⇒ Wait until the bus stops, the door opens and the driver says it's okay to get on the bus.
- ⇒ If your student has to cross the street after exiting the bus they should cross in front of a bus not behind it. Before crossing look both ways and make sure other drivers see them.
- ⇒ When the bus is moving, sit on the seat and do not stand or walk in the aisle.



Altru Health System is proud to serve as the lead agency for Safe Kids Grand Forks. For more information on this and other childhood injury prevention topics, visit safekidsgf.com, call us at 701.780.1489 or email safekids@altru.org.